



MAY

2019

MIDDLE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sides Sweet Corn Green Beans Fresh Apple 100% Orange Juice	Sides Vegetarian Baked Bean Green Peas Fresh Apple 100% FRUIT SORBET	Sides Mashed Potatoes Broccoli Cup Fresh Apple Sliced Peaches	Sides Vegetarian Baked Beans Roasted Sliced Carrots Fresh Banana 100% Apple Juice	Sides Green Peas Or Tater Tots Baby Carrots Fresh Apple 100% FRUIT SORBET
		1 Grilled Cheese Orange Chicken w/Broccoli Popcorn Chicken Salad	2 Mozz Sticks w/Sauce Cheeseburger Popcorn Chicken Salad	3 French Toast Sticks Buffalo Chicken Wrap Popcorn Chicken Salad {Tater Tots}
6 Chicken Patty Sandwich Beef Cheesesteak Hummus Platter	7 Walking Taco Spicy Chicken Sandwich Hummus Platter	8 Country Chicken Bowl Cheeseburger Hummus Platter	9 <i>Early Dismissal</i> Meatball Hoagie Chicken Caesar Wrap Hummus Platter	10 Chicken Tenders *Ham and Cheese Wrap Hummus Platter *Turkey Ham (Green Peas)
13 Cheeseburger FUEL SPECIAL Popcorn Chicken Salad	14 Soft Taco FUEL SPECIAL Popcorn Chicken Salad	15 *T. Pepperoni Pocket FUEL SPECIAL Popcorn Chicken Salad	16 BBQ Sloppy Joe FUEL SPECIAL Popcorn Chicken Salad	17 Macaroni & Cheese FUEL SPECIAL Popcorn Chicken Salad (Green Peas)
20 Chicken Patty Sandwich Buffalo Chicken Steak Pizza Bagel Kit	21 School Closed In-Service	22 Chicken Tenders Cheeseburger Pizza Bagel Kit Feature Vegetable Red Pepper Strips	23 Beef Cheesesteak Chicken Drumstick/Roll Pizza Bagel Kit	24 School Closed In-Service
27 Memorial Day Holiday schools & offices closed	28 Cheese Quesadilla Spicy Chicken Sandwich Beef Nacho Salad	29 Macaroni & Cheese Cheeseburger Beef Nacho Salad	30 Spicy Chicken Bites Grilled Cheese Beef Nacho Salad	31 French Toast Sticks Buffalo Chicken Wrap Beef Nacho Salad

Special News...

MONTHLY WELLNESS CHALLENGE:
Stay Hydrated

More Info...

Offered Daily:

- Choice of Milk
 - Low fat Choc
 - Low fat Straw
 - Plain 1% & Skim

Cheese Pizza & Cheeseburgers

100% Fruit Sorbet
Tuesdays & Fridays

NEW ITEMS!

Macaroni & Cheese

Spicy Chicken Bites
*Served with Ranch Dressing

French Toast Sticks

Menus are subject to change without notice.

Important School Information can be found on the district website (<http://www.upperdarbysd.org/>) under services -> food services. This includes online prepayment information through myschoolbucks.com (registering for myschoolbucks.com is free, but a \$2.49 Program fee may apply).

Did You Know?

Breakfast and Lunch is available to every student at **NO CHARGE**.



FUEL SPECIAL: SLICE OF LIFE
Fully Loaded Pizza: Chicken, Turkey Bacon & Ranch

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www.aramark.com
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